



PHOTOSTORY OF ON TRADITIONAL MEDICINES BY: LUCY MARSLOW OF FAIR VIEW



Trycil Tree

Used for cuts and sores as one of our local antibiotic medicines. In the past when modern medicines were not available we depend on these plants.

The bark has to be peeled from the tree and then scraped using a sharp knife to extract the juice from the bark. Then it is applied on the cut or sore to help in the healing.

The juice is either squeezed on the sores or cut or a fresh bark tied on to the cut or the sore using a bandage. It would need to be changed with fresh bark twice a day or liquid applied the same way.

For children, the bark needs to be boiled with some water to dilute as it would burn a young child's skin.

Guava bark is used to cure diarrhoea.
The bark is peeled and boiled in water.
You can drink the boiled water to rehydrate and it should be taken until sign of diarrhoea stops.

Children are dosed three times a day and adults have no limit.
People continue to use the plant whenever the health centre is out of medicines.



Guava Tree



Caria Vine

This vine is used for chicken pox.

The vine and the leaves are boiled and persons sick with chicken pox would bathe their body with the boiled vine water.

Drinking of the boiled water is necessary to ensure the local medicine to work in healing the pox.

Currently we continue to use local medicines for healing illnesses in Fair View.